

Middle Lunch Menu

August and September 2018

Jeanne Pierce: Food Service Director

Telephone Number: 775 -8449

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Prepaid for meals and save time in line Go to: WWW.MYSCHOOLBUCKS.COM</p>	<p>27 Oven Baked Chicken Tenders Oven Fries Fruit Milk</p>	<p>28 Hamburger or Cheeseburger on a Roll w/ Lettuce, Tomatoes, Pickles Kale Chips Water Melon Milk</p>	<p>29 Chicken Patty or Spicy Chicken Patty on a bun Kale Chips Fruit Milk</p>	<p>30 Meatball Sub Oven Roasted Eggplant Mixed Fruit Milk</p>	<p>NEW THIS YEAR FREE/REDUCE MEAL APPLICATION ONLINE AT: WWW.MYSCHOOLAPPS.COM APPLY TODAY</p>
<p>To Go Salad Selections: Chicken Caesar, Caesar, Garden Salad \$3.50</p>	<p>EVERYONE NEEDS TO REAPPLY FOR FREE/REDUCED MEALS EACH SCHOOL YEAR</p>	<p>4 Chicken Patty or Spicy Chicken Patty on a Bun w/ Lettuce & Tomato Carrot Sticks w/ Hummus Fruit Milk</p>	<p>5 General Tso's Chicken Fried Rice Steamed Broccoli Pineapple Tidbits Fortune Cookie Milk</p>	<p>6 Grilled Hot Dog on a Roll Choice of: Chili, Sautéed Onions Cheese Sauce w/ Oven Fries Fresh Fruit Milk</p>	<p>7 Chicken & Broccoli Alfredo over Pasta Garlic Stick Garden Salad Fruit Milk</p>
<p>Offered Tuesday & Thursday: Homemade Pizza \$3.00 Value Price 2 slices \$5.00</p>	<p>10 Grilled Cheese or Grilled Tomato & Cheese Sandwich Chips Tomato Soup Fruit Milk</p>	<p>11 Taco Boat Lettuce, Tomato & Cheese, Salsa Rice, Corn Celery Sticks Fresh Melon Milk</p>	<p>12 Steak & Cheese Sub Sautéed Peppers & Onions Onion Rings Sliced Peaches Milk</p>	<p><u>Top Your Own</u> Mac & Cheese Pasta w/ Cheese Sauce select: Ham, Broccoli Dinner Roll Roasted Chic Peas Apple Sauce Cup Milk</p>	<p>14 Oven Baked Chicken Tenders Oven Fries Fruit Milk</p>
<p>Offered Daily Yogurt Parfait \$3.50 Vegan/ Vegetarian Menu Announced Daily</p>	<p>17 Pasta w/ Sauce Cheesy Bites Garden Salad Mixed Fruit Milk</p>	<p>18 Open Face Sliced Turkey Meal served w/ Gravy, Stuffing, Cranberry Sauce, Green Beans, Fruit Ice Cream, Milk</p>	<p>19 Ramen Noodle Bar Noodles w/ Broth Choice of; Egg, Chicken, Tofu, , Snap Peas, Carrots Dinner Roll Fruit, Fortune Cookie, Milk</p>	<p>20 Chicken Patty or Spicy Chicken Patty on a bun Roasted Spicy Chic Peas Fruit Milk</p>	<p>21 Homemade Cheese and Chicken Quesadilla Spanish Rice Steamed Corn Salsa, Sliced Peaches, Milk</p>
<p>Offered Daily Main Meal or Uncrustable PB&J Sandwich Meal Lunch \$2.90</p>	<p>24 BBQ Rib-A-Que Sandwich Baked Beans Fruit Milk</p>	<p>25 Chicken Fajita Wrap Sautee Peppers & Onions Salsa, Rice, Corn Fruit Milk</p>	<p>26 Sloppy Joe on a Bun Steamed Broccoli Fruit, Cookie Milk</p>	<p>27 Homemade Chicken Pot Pie Served w/ a Warm Biscuit Steamed Carrots Pudding Fruit Milk</p>	<p>28 French Toast Sticks Syrup Sausage Links Roasted Beet Chips Juice Milk</p>

This institution is an equal opportunity provider